



The International Friendship All Japan Junior Yacht Club Regatta 2011 Sailing Instructions (SI)

1. Rules

- (1) The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2009-2012 (hereafter as RRS), except any of these are altered by the Sailing Instructions.
- (2) Appendix P will apply.
- (3) If there is a conflict between languages, the English text will take precedence.

2. Notices to competitors

Notices to competitors will be posted on the official notice board of the race office.

3. Changes to sailing instructions

Any change to the Sailing Instructions (hereafter as S.I.) will be posted at the race office before 08:00 on the day it will take effect, except that any change to the schedule of the races will be posted by 17:00 on the day before it will take effect.

4. Signal made ashore

Signals made ashore will be displayed at the flagpole of the race office.
A class flag with one sound means 'Leaving the harbor is permitted. The warning signal will be made not less than 30 minutes after the class flag is displayed.'

5. Schedule of races

(1) The warning signal of each class is as follows.

August 6th (Sat), 2011		The warning signal	
Racing area	Class	for the 1st race	For the 2nd to the 5th race
A area	Sailing Spirits	10 : 00	To be continued
ditto	FJ	10 : 00	ditto
ditto	Laser 4.7	10 : 05	ditto
ditto	Sea Hopper-SR	10 : 05	ditto
ditto	Mini-Hopper	10 : 05	ditto
ditto	OP Advanced	10 : 05	ditto
		10 : 10	
B area	OP Beginners'	10 : 00	ditto

No warning signal will be made after 16:00.

A lunch time will be informed by the race committee.

According to the weather condition, the race committee may start the 6th race.

August 7 th (Sun), 2011		The warning signal	
Racing area	Class	for the 6th race	for the 7th race
A area	Sailing Spirits	9 : 30	To be continued
ditto	FJ	9 : 30	ditto
ditto	Laser 4.7	9 : 35	ditto
ditto	Sea Hopper-SR	9 : 35	ditto
ditto	Mini-Hopper	9 : 35	ditto
ditto	OP Advanced	9 : 35	ditto
		9 : 40	
B area	OP Beginners'	9 : 30	ditto

No warning signal will be made after 12:00.

When the following race is intended to be held both on 6th and 7th August, the race committee signal boat will display orange flag with one sound to alert the boats at least 4 minutes before the warning signal is displayed.

6. Class flags and warning signal flags

Class	Class flag	Warning signal flag
Sailing Spirits	Sailing Spirits class flag	FJ class flag
FJ	FJ class flag	
Laser 4.7	Laser class flag	Laser class flag
Sea Hopper-SR	Sea Hopper-SR class flag	
Mini-Hopper	Mini-Hopper class flag	
OP Advanced	OP class flag (Black)	OP class flag (Black)
OP Beginners'	OP class flag (Red)	OP class flag (Red)

7. Racing Area

The races will be held in racing area A for every class except OP Beginners' class for which the races will be held in racing area B. Diagram-1 shows these racing areas.

8. The courses

- (1) OP Advanced class, Laser 4.7, Sea Hopper-SR class and Mini-Hopper class in racing area A uses the course, Starting – Mark 1 – Mark 2 – Mark 3 – Mark 1 – Mark 4 – Finishing. FJ class and Sailing Spirits class in racing area A uses the course, Starting – Mark 1' – Mark 2 – Mark 3 – Mark 1' – Mark 4 – Finishing. (See Diagram-2-1)
- (2) No later than the warning signal, the race committee signal boat in racing area A will display the approximate compass bearing of the first leg.
- (3) OP Beginners' class in racing area B uses the course, Starting – Mark 1 – Mark 2 – Mark 3 – Finishing. (See Diagram-2-2).
- (4) Legs of the courses in racing area A and B will not be changed after preparatory signal. This changes RRS 33.

9. Marks

(1) Racing Area A : Mark 1, 2 and 3 will be cylindrical inflated orange buoys and Mark 4 will be cylindrical inflated yellow buoy and Mark 1' will be inflated red buoy.

(2) Racing Area B: Mark 1, 2 and 3 will be cylindrical inflated yellow buoy.

- 10. The start**
- (1) Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
 - (2) The starting line will be between staff displaying orange flag on the starting signal boat at starboard end and the port-end buoy.
 - (3) A boat starting later than four minutes after her starting signal will be scored **DNS** (Did Not Start). This changes RRS A4.
 - (4) Boats whose warning signal has not been made shall keep about 50 meters away from the starting area during the starting sequence for other races.
 - (5) Rescue boats may coach competitors of OP Beginners' class in racing area B during starting.
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- 11. The finish**
- The finishing line will be between staff displaying orange flag on the finishing signal boat with a blue flag at the starboard end and the port end buoy.
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- 12. Time limit**
- (1) The time limit will be 15 minutes after the first boat sails the course and finishes.
 - (2) Boats failing to finish within above time limit will be scored Did Not Finish (**DNF**). This changes RRS 35, A4 and A5.
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- 13. Protests and requests for redress**
- (1) Protests and requests for redress or reopening shall be delivered at the race office within the protest time limit that is 60 minutes after the last boat of each class has finished the last race of the day. The protest committee chairman may extend the protest time limit. It will be posted on the official notice board at the race office.
 - (2) Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).
 - (3) A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted before the protest time limit.
 - (4) Hearings will be held sequentially. Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
 - (5) A request for reopening a hearing under RRS 66 may be delivered before 9:00 of the next day of the decision. However it shall be delivered no later than 15 minutes after the decision on the races held on August 7th. This changes RRS 66.
 - (6) Breaches of S.I. 10.4, 15, 16, 17, 19, 20 and 22 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
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- 14. Scoring**
- (1) At least 1 race is required to be completed to constitute this regatta where 7 races are expected. Even if no race is completed due to weather condition, any extended race is not held. When 7 races have been completed, a boat's score will be the total of her race scores excluding her worst scores. This changes RRS A2.
 - (2) Scoring for club competition is made in accordance with the Notice of Race.
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- 15. Check-out and check-in**
- (1) A club team representative person shall sign for all club team members on the check-out/in form prepared in the race office.
 - (2) A Check-out sign shall be done from 60 minutes to 30 minutes before the warning signal of the 1st race.
 - (3) A Check-in sign shall be done not later than 60 minutes after the final race of the day completed. The race committee chairman may extend the Check-in time limit.
 - (4) A boat that would retire from a race shall notify her intension to a nearest race committee boat. And a club team representative person shall describe the reason in a check-in form and deliver to the race committee.

16. Safety regulations

- (1) A competitor shall wear a life jacket at any time afloat. If he/she wears a self-expansion type, it is required to expand it at any time afloat.
- (2) An OP Beginners' class boat is required to put a recognizable ribbon at the peak of the sail.
- (3) The race committee may rescue a competitor if they can not get any response to their inquiry for the intention of the competitor whether the competitor will continue the race or retire from the race, when they judge the competitor is in danger and unable to decide anything himself because of fatigue after they recommend the retiring from the race .

17. Replacement of crew or equipment

- (1) Substitution of competitors will not be allowed without prior written approvals of the race committee.
- (2) Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.

18. Equipment and measurement checks

- (1) RRS 78 (JSAF prescriptions 5) will not apply. However the race committee may protest a boat when the race committee admits some suspicion during this regatta and recognizes by measuring, weighing or other means that it is significantly advantageous.
- (2) The race committee may inspect a boat or equipment at any time if necessary.

19. Official boats

An official boat of race committee will display the following flags.-

The race committee signal boat	'JJYU' flag
A mark boat	'RC' flag
A rescue boat	'RESCUE' flag
A doctor boat	'Red Cross' flag
A protest committee boat	'JURY' flag

20. Support boats

- (1) A support boat shall be approved by the organizing committee delivering a designated application form at entry under the Notice of Race.
- (2) A support boat shall display the green colour flag lent by the race committee at the time of the registration, but the flag pole shall be prepared by each club.
- (3) The number of the crew of a support boat is required to be less than a half of her capacity (raise the decimals to a unit).
- (4) A support boat shall keep away from the racing area from the time of the warning signal for the first class to start until all boats have finished or the race committee signals a postponement or abandonment.

21. Disclaimer of liability

Competitors participate in the regatta entirely at their own risk. (See RRS 4 Decision to Race). Organizing Authorities and/or any party, person involved in this organization will accept no liability whatever for any personal material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22. Trash disposal

Competitors and support boats shall not put trash in the water.

図-1 レースエリア Diagram-1 Racing Area



海陽ヨットハーバー

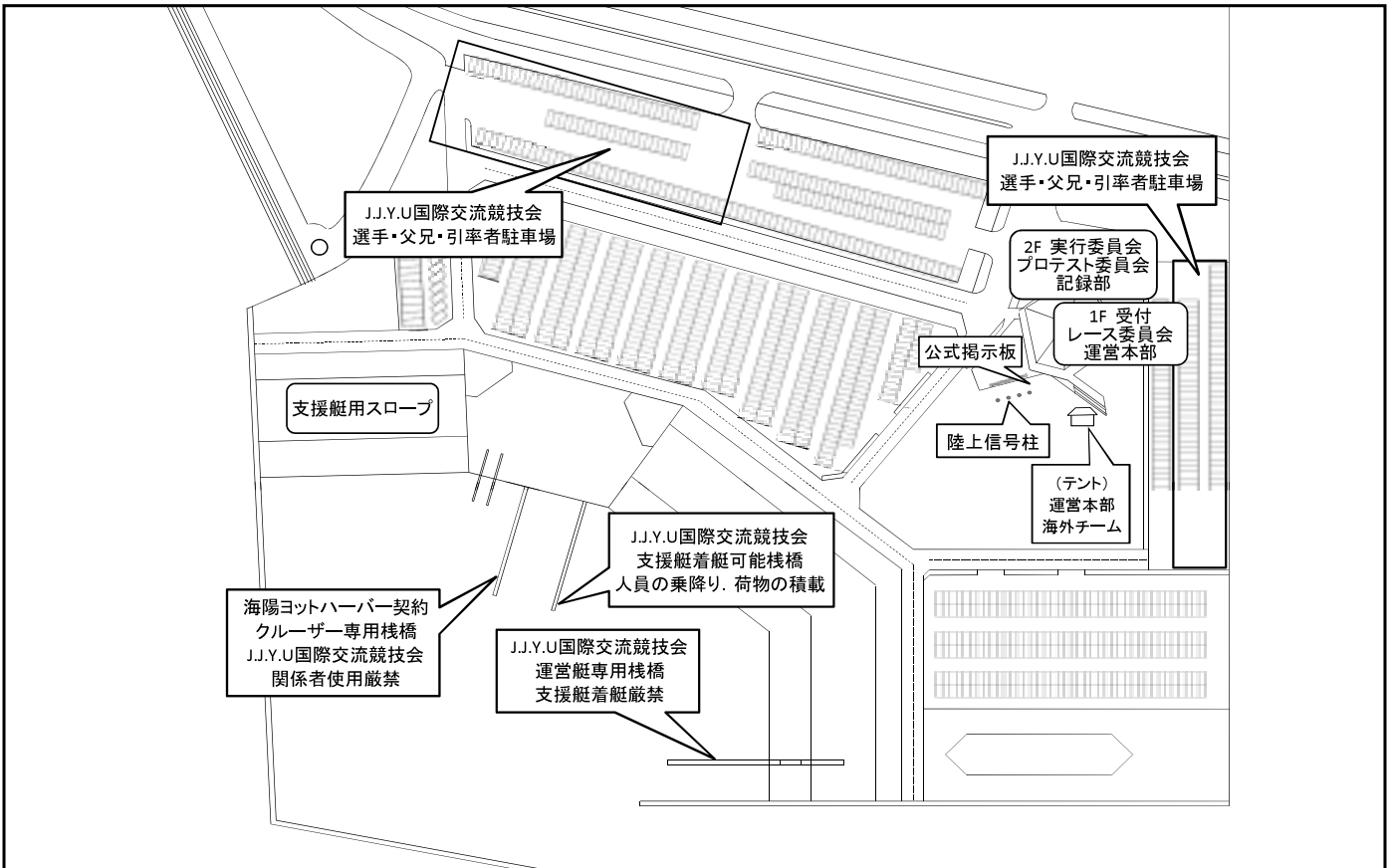


図-2 コース Diagram-2 The courses

図-2-1 ① OP級(上級者)、レーザー4.7、シーホッパー級SR、ミニホッパー級

② FJ級、セーリングスピリッツ級

Diagram-2-1 ① OP advanced Class, Laser 4.7, Seahopper SR Class, Minihopper Class

② FJ Class, Sailing Spirits Class,

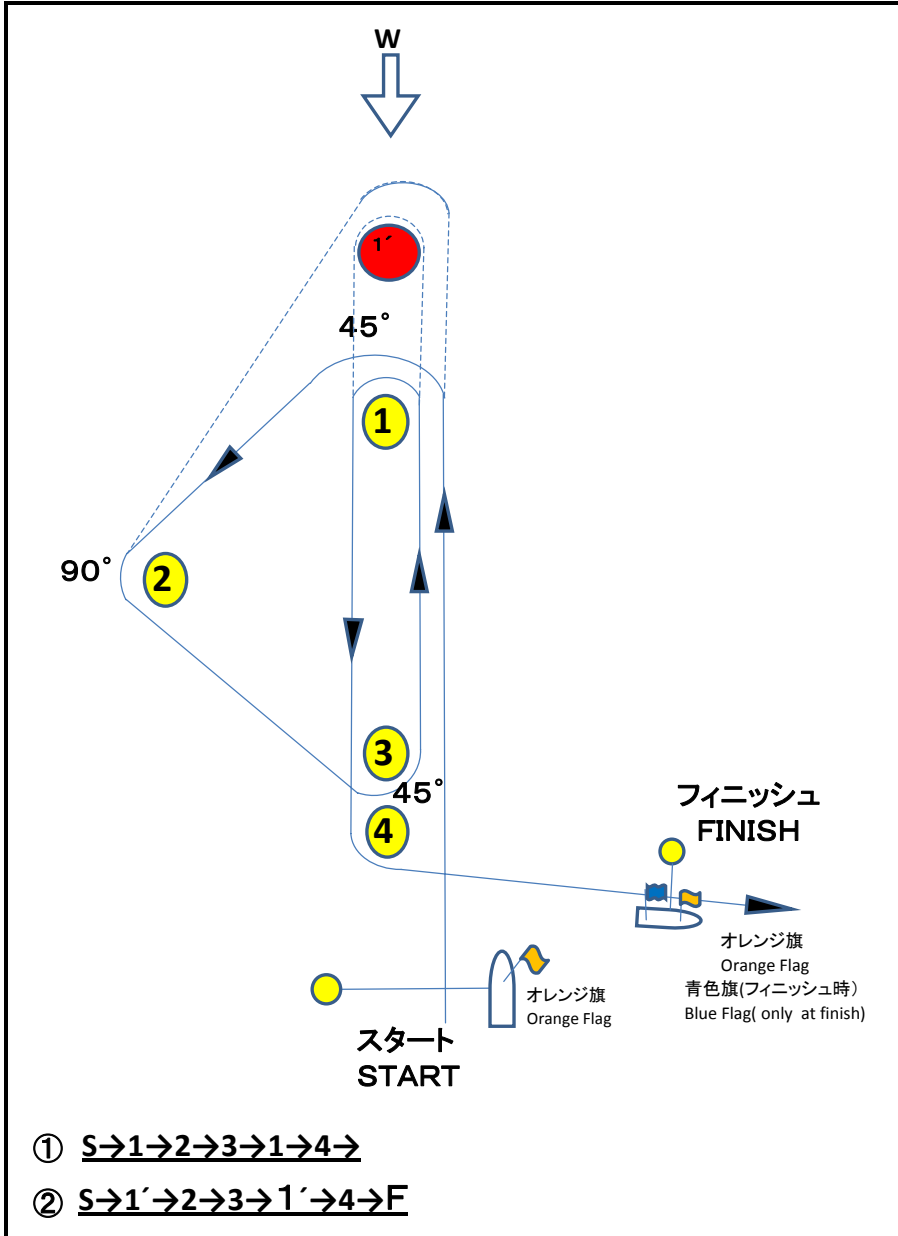


図-2-2

OP級(初級者)

Diagram-2-2

OP Beginners' Class

