

**No.24th Junior Yacht International Goodwill Regatta  
miki HOUSE CUP 2014  
Sailing Instructions (SI)**

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**1. Rules**

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing 2013-2016 (hereafter as RRS), except any of these are altered by the Sailing Instructions.  
1.2 Appendix P will apply.  
1.3 If there is a conflict between languages, the English text will take precedence.
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**2. Notices to competitors**

Notices to competitors will be posted on the official notice board of the race office.

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**3. Changes to sailing instructions**

Any change to the Sailing Instructions(as instructions hereafter) will be posted at the race office before 08:30 on the day it will take effect.

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**4. Signal made ashore**

- Signals made ashore will be displayed at the flagpole of the race office.  
(1) A class flag with one sound means 'Leaving the harbor is permitted. The warning signal will be made not less than 30 minutes after the class flag is displayed.'  
(2) Flag L with one sound means 'A notice to competitors has been posted.'
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**5. Schedule of regatta and races**

- 5.1 Schedule of regatta  
07:30 Registration Distribution of program(Sailing Instructions)  
08:30 Opening ceremony  
    Skippers meeting  
16:00 Prize giving ceremony and Goodwill party  
17:30 Regatta and Party will be closed.

- 5.2 Schedule of races  
Racing Area A  
09:55 The time of the warning signal for No.1 Race of Laser 4.7  
10:00 The time of the warning signal for No.1 Race of OP Advanced class.  
The races will follow continuously and the race committee intend to make three races.  
No warning signal will be made after 13:30.

- Racing Area B  
09:55 The time of the warning signal for No.1 Race of OP Beginners' class.

The races will follow continuously and the race committee will try to make the races as many as possible.  
No warning signal will be made after 13:30.

## 6. Class flags

Racing Area	OP Advanced class	OP class flag(Black)
	Laser 4.7	Laser 4.7 flag
Racing Area B	OP Beginners' class	OP class flag(Red)

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## 7. Racing Area and The courses

- 7.1 In Racing Area A, outside of Tokyo Metropolitan Wakasu Yacht Training Center, OP Advanced class uses the course, Starting - Mark 1 - Mark 2 - Mark 3 - Mark 1 - Mark 3 -Finishing and Laser 4.7 class use the course, Starting - Mark 1- Mark 2- Mark 3- Mark 1- Mark 3-Mark 1-Mark 3- Finishing .  
(See Diagram-2-1)
- 7.2 No later than the warning signal, the race committee signal boat in racing area A will display the approximate compass bearing of the first leg.
- 7.3 In Racing area B, in the pond of Tokyo Metropolitan Wakasu Yacht Training Center, OP Beginners' class uses the following courses and the race committee signal boat will instruct with The Number Flag which course will be used before the warning signal, depending on the weather and sea condition and other reasons.  
The Number Flag 1 The course ①:Starting - Mark 1 - Mark 2 - Mark 3- Finishing. (See Diagram-2-2-1)  
The Number Flag 2 The course ②:Starting - Mark 1 - Mark 2 – Finishing.  
(See Diagram-2-2-2)
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## 8. Marks

- 8.1 Racing Area A: Mark 1, 2 and 3 will be tetrahedron inflated orange buoys.  
8.2 Racing Area B: Mark 1,2 and 3 will be long slim cylindrical inflated yellow buoys.
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## 9. Changing the next leg of the course and the Mark

- 9.1 To change the next leg of the course in the Racing Area A, the race committee will move the mark to the starting point of the new leg and display the flag C with repetitive sounds on the race committee boat near the subject mark.  
This signal shall be made before the first boat begins the new leg even if the mark is not laid at the right position.
- 9.2 Legs of the courses in Racing Area B will not be changed after preparatory signal.  
This changes RRS 33.
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## 10. The start

- 10.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 10.2 The starting line will be between the staff displaying the orange flag on the starting signal boat at the starboard end and the port end orange buoy.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored **DNS** (Did Not Start). This changes RRS A4.
- 10.4 In Racing Area B, Rescue boats may guide competitors during starting.
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- 11. The finish**
- 11.1 In the Racing Area A, the finishing line will be between the staff displaying the orange flag on the race committee boat with a blue flag at the starboard end and the port end orange buoy.
- 11.2 In the Racing Area B, the finishing line will be between the staff displaying the orange flag on the racing committee boat with a blue flag at the starboard end and the port end orange buoy or Mark 1.  
In case the race committee uses the course ②, Mark 1 will be the buoy for the finishing line.
- 12.Shortening**
- 12.1 If the race committee signals a shortened course, the race committee displays the flag S with two sounds on the race committee boat nearby the rounding mark.
- 12.2 The finishing line shall be between the mark and the staff displaying the orange frag on the race committee boat with a blue flag. This changes RRS 32.2.
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- 13. Time limit**
- 13.1 The time limit will be 15 minutes after the first boat sails the course and finishes.
- 13.2 Boats failing to finish within above time limit will be scored Did Not Finish (**DNF**). This changes RRS 35, A4 and A5.
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- 14. Protests and requests for redress**
- 14.1 Protests and requests for redress or reopening shall be delivered at the race office within the protest time limit that is 45 minutes after the last boat of each class has finished the last race of the day. The protest committee chairman may extend the protest time limit. It will be posted on the official notice board at the race office.
- 14.2 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).
- 14.3 A list of boats that, under Appendix P, have been penalized for breaking RRS 42 will be posted before the protest time limit.
- 14.4 Hearings will be held sequentially. Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 14.5 A request for reopening a hearing under RRS 66 shall be delivered no later than 15 minutes after the decision on the races This changes RRS 66.
- 14.6 Breaches of instructions 16, 17, 18,19,20,21 22 and 24 will not be grounds for a protest by a boat. This changes RRS 60.1(a).  
The protest committee may impose a boat penalty including the disqualification against for these breaches.
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- 15. Scoring**
- At least 1 race is required to be completed to constitute this regatta. Even if no race is completed due to weather condition, any extended race is not held.  
A boat's score will be the total of her all race scores. This changes RSSA2.
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- 16. Check-out and check-in**
- 16.1 A competitor shall sign on the check-out/in form prepared in the race office.
- 16.2 A Check-out sign shall be done from 45 minutes to 20 minutes before the warning signal of the 1st race of the day.
- 16.3 A Check-in sign shall be done not later than 45 minutes after the final race of the day completed. The race committee chairman may extend the Check-in time limit.
- 16.4 A boat that would retire from a race shall notify her intension to a nearest race committee boat and shall describe the reason in a check-in form and deliver to the race committee.
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<b>17. Safety regulations</b>	<p>17.1 A competitor shall wear a life jacket at any time afloat. If he/she wears a self-expansion type, it is required to expand it at any time afloat.</p> <p>17.2 A boat in Racing Area B is required to put a recognizable ribbon at the peak of the sail, which will be distributed at the time of the registration.</p> <p>17.3 The race committee may assist a competitor or recommend retiring from a race, who is in danger in the opinion of the race committee.</p>										
<b>18.Replacement of crew or equipment</b>	<p>Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.</p>										
<b>19.Equipment checks and measurement</b>	<p>19.1 RRS 78 (JSAF prescriptions 5) will not apply. However the race committee may protest a boat when the race committee admits some suspicion during this regatta and recognizes by measuring, weighing or other means that it is significantly advantageous</p> <p>19.2 The race committee may inspect a boat or equipment at any time if necessary.</p>										
<b>20. Official boats</b>	<p>An official boat of the race committee will display the following flags.</p> <table border="0"> <tr> <td>The race committee signal boat</td> <td>‘JJYU’ flag</td> </tr> <tr> <td>The race committee boats</td> <td>‘RC’ flag</td> </tr> <tr> <td>A rescue boat</td> <td>‘RESCUE’ flag</td> </tr> <tr> <td>A doctor boat</td> <td>‘Red cross’ flag</td> </tr> <tr> <td>A protest committee boat</td> <td>‘JURY’ flag</td> </tr> </table>	The race committee signal boat	‘JJYU’ flag	The race committee boats	‘RC’ flag	A rescue boat	‘RESCUE’ flag	A doctor boat	‘Red cross’ flag	A protest committee boat	‘JURY’ flag
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A protest committee boat	‘JURY’ flag										
<b>21. Support boats</b>	<p>21.1 A support boat shall be approved by the organizing committee delivering a designated application form at the time of the registration.</p> <p>21.2 A support boat shall display the green colour flag lent by the race committee at the time of the registration but the flag pole shall be prepared by each club.</p> <p>21.3 The number of the crew of a support boat is required to be less than a half of her capacity (raise the decimals to a unit).</p> <p>21.4 A support boat shall keep away from the racing area from the time of the warning signal for the first class to start until all boats have finished or the race committee signals a postponement or abandonment.</p>										
<b>22. Radio communication</b>	<p>Except in an emergency, a boat shall neither make radio transmissions while racing nor receiving radio communications not available to all boats. This restriction also applies to mobile telephones and GPS.</p>										
<b>23. Disclaimer of liability</b>	<p>Competitors participate in this regatta entirely at their own risk. (See RRS 4 Decision to Race). The organizing authorities and/or any party, person involved in this organization will accept no liability whatever for any personal material damage or personal injury or death sustained in conjunction with or prior to, during, or after this regatta.</p>										
<b>24. Trash disposal</b>	<p>Competitors and support boats shall not put trash in the water.</p>										

図-1 レースエリア Diagram-1 Racing Area

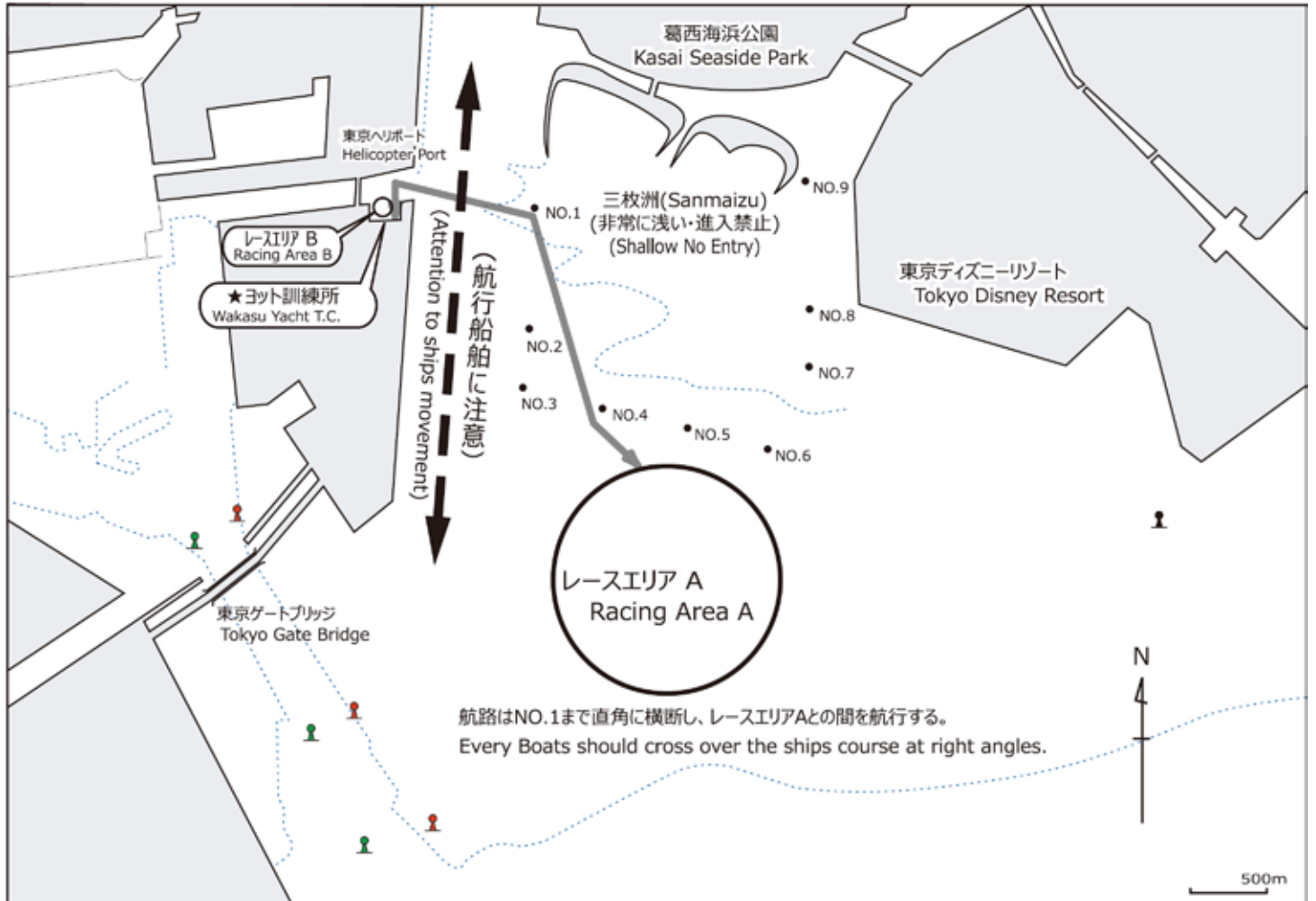


図-2 コース Diagram-2 The courses

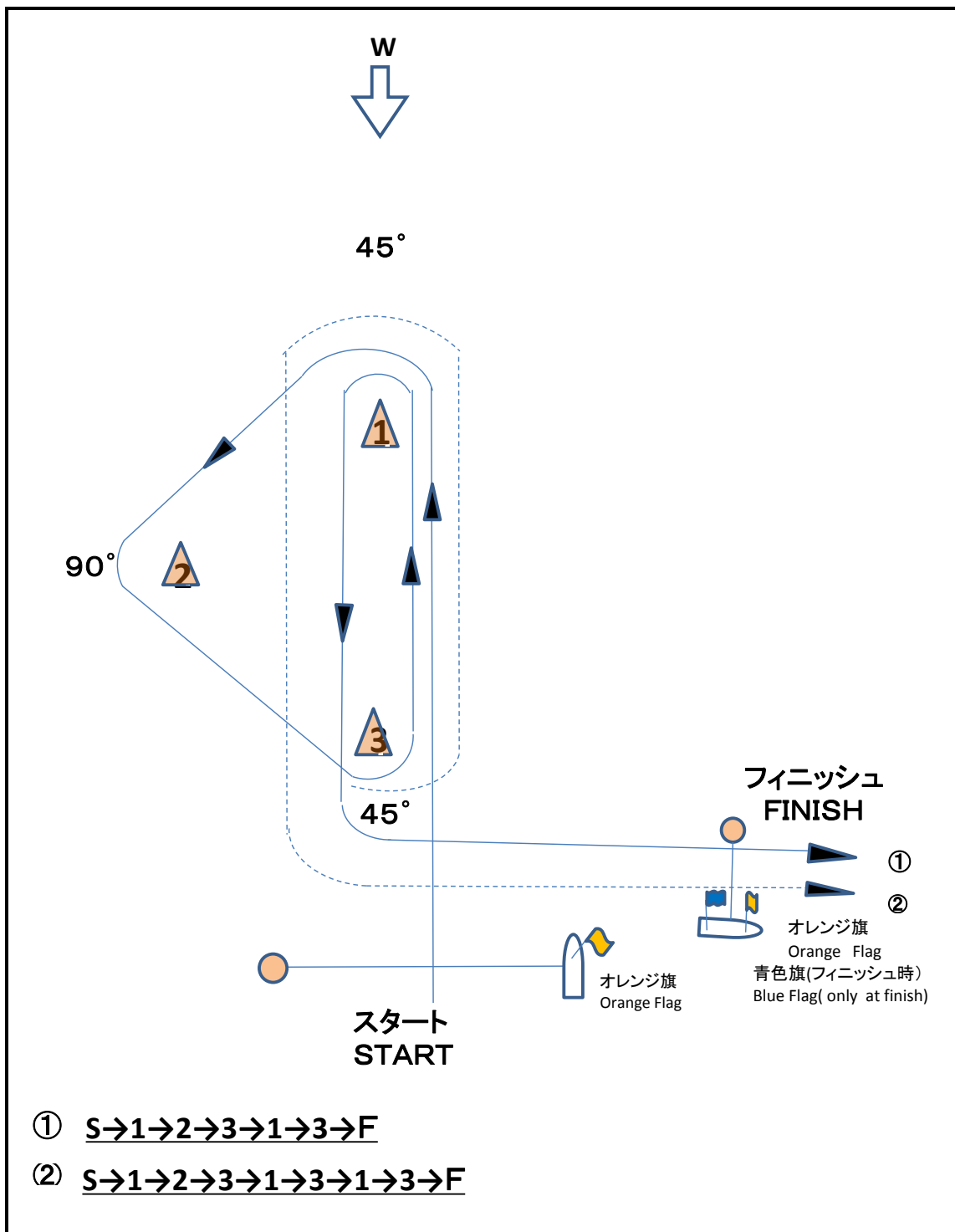


図-2-1 ① OP級上級者

② レーザー4.7

Diagram-2-1 ① OP Advanced Class

② Laser 4.7,

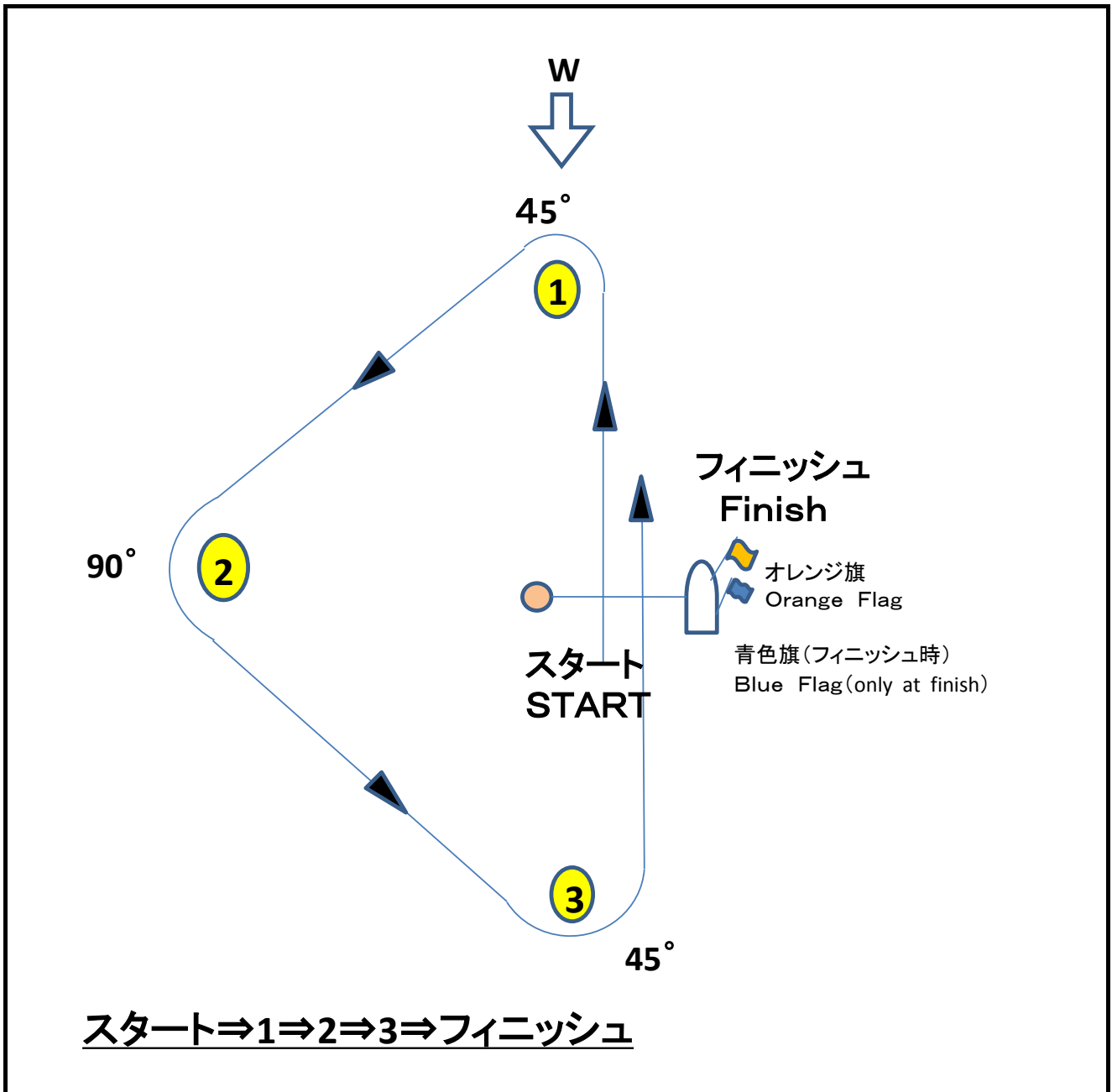


図-2-2-1 OP級初級者

Diagram-2-2-1 OP Beginners' Class

※OP級(初級者)のコースは気象・海象状況により、図-2-2-1又は図-2-2-2を使用する。

※OP Biginners's Class may use the course as per Diagram-2-2-1 or Diagram-2-2-2 depending on the weather condition.

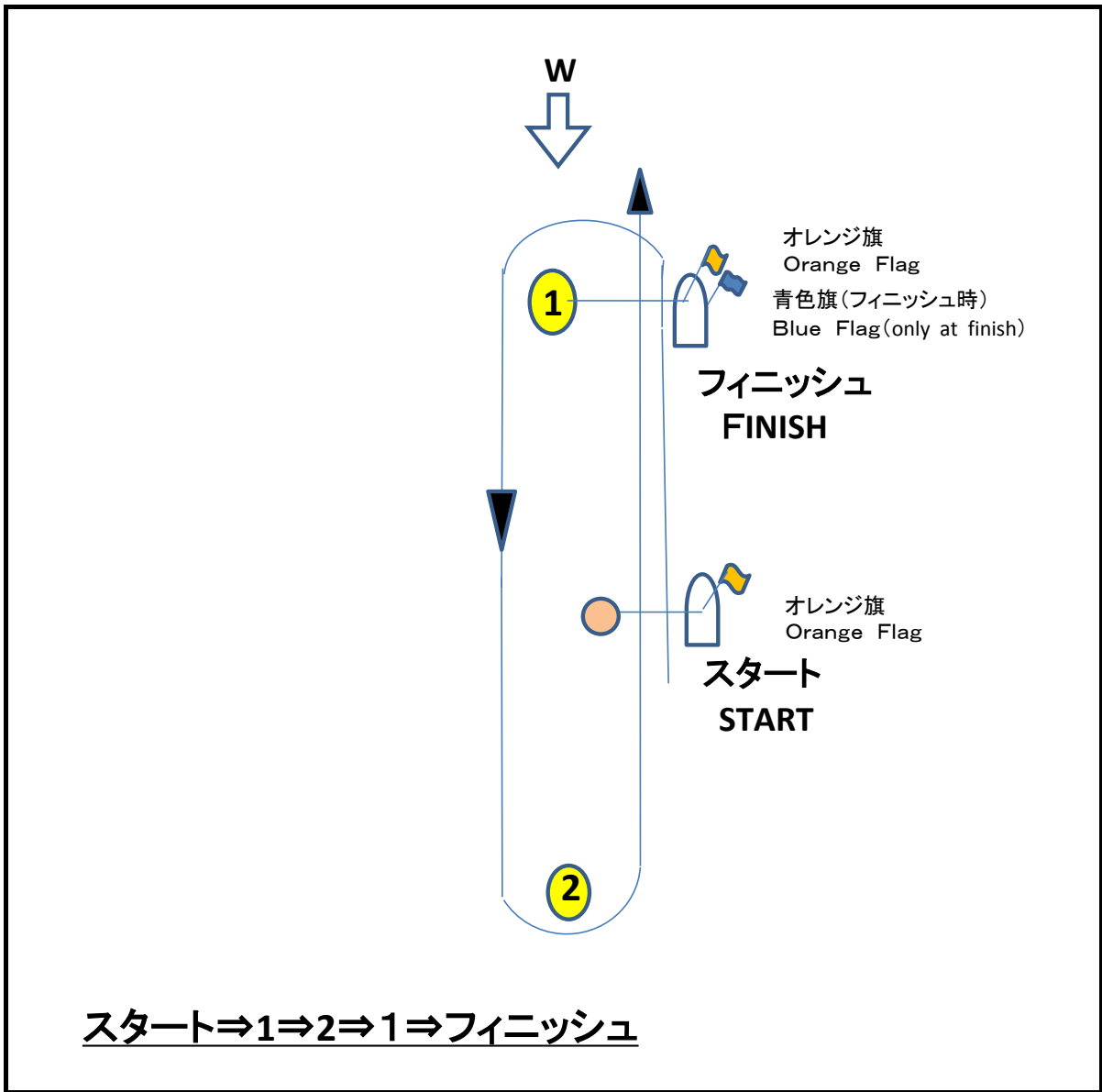


図-2-2-2 OP級初級者  
Diagram-2-2-2 OP Beginners' Class